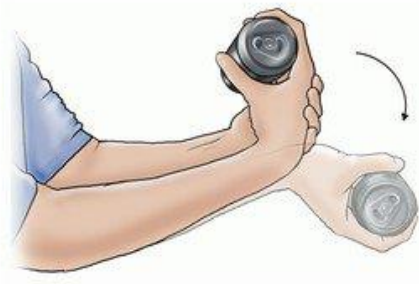


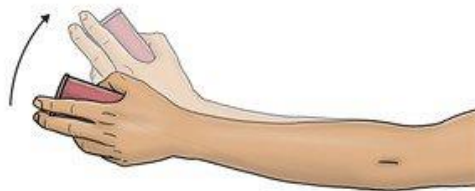
Lateral Epicondylitis (Tennis Elbow) Rehabilitation Exercises



Eccentric wrist flexion



Eccentric wrist extension



Wrist radial deviation strengthening



Forearm pronation and supination
strengthening



Wrist extension with broom handle